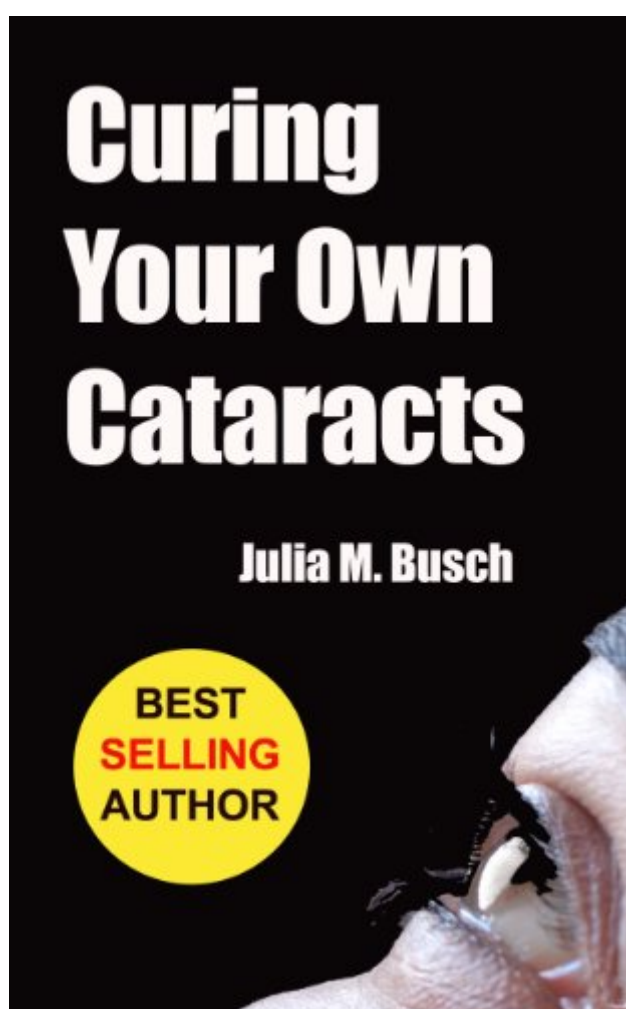


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# **Curing Your Own Cataracts: How To Dissolve, Reverse, & Halt Advancing Cataracts With Herbs, Homeopathy, Light Therapy, Antioxidants, Nutrition, Low Level ... & More! (Alternative Medicine Book 1)**





## Synopsis

**BEST SELLER!** REVERSE, CURE YOUR OWN & YOUR PET'S CATARACTS You may have cataracts if | Your eyes are sensitive to light and glare, especially when you're in out the sun or looking into the headlights of oncoming cars. You find it increasingly difficult to see at night. You see a halo around lights. Your vision is clouded, blurred, or dim. Colors seem to be faded, yellow, brown or red tinged. Your depth perception is off. You have difficulty reading. You have double vision in a single eye. You frequently change your eyeglass or contact lens prescription. CATARACT SURGERY IS the most commonly performed surgery in the world today. It numbers 3 million yearly in the U.S. alone. Of these, serious complications, such as, retinal detachment, corneal edema, or the need for a cornea transplant will claim around 27,000 individuals. And within two years, 30% to 50% of those having had cataract extraction will develop opacification (cloudiness) of the posterior lens capsule that will require further laser treatment which may result in even more complications, including increased eye pressure. But cataract Surgery Can be Avoided! In this book, you will learn about | \*Aging and cataracts \*Cataract surgery and how to avoid it \*Herbs to reverse cataracts \*Cataract eye drops \*Pinhole glasses for cataracts \*Nutrition for eye health \*Advancing cataracts \*How to avoid cataracts \*Color and light therapy for cataracts \*Natural low level radiation stones to reverse cataracts \*Cataract eye drops for dogs \*Cataract eye drops for cats \*Senile cataracts! What Readers Are Saying! Put the knife away. Curing Your Own Cataracts lays out the alternatives to surgery to reverse and stop the advancement of cataracts. This book is well written, well referenced, and FULL of valuable information..I have learned so much about eye care, prevention of cataracts and removing them without surgery by reading this book. There are NO books as complete as this one.! This engaging and comprehensive book is testament to how far alternative medicine has come in recent years! Scroll Up to "BUY NOW" and Start Reading Today SEARCH FOR MORE AGE REVERSING BOOKS by JULIA M BUSCH: Natural Skin Care Books, Natural Facelift Books, Alternative Medicine Books, just type in Julia M. Busch into the Kindle search box.

## Book Information

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## Customer Reviews

As a proponent of alternative medicine and nearing the age of possible cataracts, I found this well written and informative book on removing your own cataracts. The author gives you a wealth of information about the eye, what a cataract is and video to help you understand. She then explains the homeopathic options and the different drops that can be used with a great amount of detail including links to more information. In other chapters the author covers eye nutrients, Pure Focus and color therapies; low dose radiation, and pinhole glasses. I have learned so much about eye care, prevention of cataracts and removing them without surgery by reading this book. There are NO books as complete as this one. I highly recommend.

My wife had a radial carototomy (sp?) many years ago when it was done "freehand" and was a radical solution of bad eyesight. She's since not been able to drive at night, which means I am relegated to that chore. I know wonder if there's not something we could do about it. I've dealt with docs all my life as they were real estate investors, and I've sat in enough coffee rooms and saloons with them to know that far too many surgeries are done...many of them coincide with the need of the doc to make his Mercedes payment that month. Both my wife and I have been told that we are in danger of cataracts, so this book came along at just the right time, better prevention than awakening to find you see nothing but gray...what a horrible thought! This book is well written, well referenced, and FULL of valuable information. Don't let this one get by you if you have the least touch of gray or if you have parents or grandparents you're concerned about. I'm going to read it again.

Cataracts are a common problem as we age and most use the surgical route to restore vision. As with any surgery, there are risks and complications. Julia Busch lays out alternative remedies in detail to remove or reduce cataracts. She gives detailed remedies including homeopathic eye drops, pinhole glasses, vitamin supplements and low dose radiation. Her arguments and explanations for each are clearly played out and she provides links to additional information. If you are looking for alternatives to cataract surgery, this book is a must read.

This is an excellent book with some really interesting content! I never knew that someone could remove his own cataract. And seriously this is great news for lot of people out there. I have had people in my family that had cataract and were really hesitant to proceed with the operation because of how sensitive the eye is and out of fear, of course. This book is an awesome source of valuable information. The author explains thoroughly everything you need to know about cataract and the cure to it. Another great book from the same author is the following: Removing Your Own Cancer - How to Use Herbs to Extract Skin Cancers, Warts, Moles, Skin Tags and More! (Natural Skin Care)

I have always believed that healthy lifestyle choices help to reduce the risk of developing age related illnesses. As well I believe that healthy lifestyle choices can help to heal illness. Having said this, the concept that I can remove a cataract naturally versus surgically makes perfect sense. The risk of clinically acquiring infections appear to be increasing as well so my choice would be to prevent or heal ailments myself when able.

This engaging and comprehensive book is testament to how far alternative medicine has come in recent years, at addressing our health concerns. Everything that one needs to understand about the eye structure, the description of a cataract and other useful information is included, with many links to other resources. Then the author outlines all the practical steps one can take to optimize eye health as well as the nutrients that are required. The alternatives to surgery are as diverse as antioxidants, homeopathy, herbs, light therapy and much more. Truly, a great resource for those who need to address cataract problems without resorting to surgery. Highly recommended!

Many people have cataracts and this book offers some valuable alternatives in the battle against them. Cataracts are a common problem but not everyone wants to use the surgical route to restore vision. Julia Busch lays out many alternative remedies in great detail in this guide including

homeopathic eye drops, pinhole glasses, vitamin supplements and many others alternatives. If you are researching alternatives to cataract surgery, I highly recommend this book.

I've got to admit that I was a bit taken aback by the title with visions of my own shaky hand attempting to remove my cataracts. That, of course, is not what this book is about. As I read through the pages, with a multitude of links to additional resources, I became very interested in alternate therapies for cataracts as, at my age, some are just beginning to form and I have been told that I'm probably "about 10 years away" from needing cataract surgery. Along with many other options, proper diet, apparently, can help significantly. Another reason that we should all be eating well. I certainly think it's wise to explore all options on this subject before blindly (no pun intended) submitting to surgery.

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